February 2019 Newsletter





News From the Director

Dear Patron,

February is...

National Bird Feeding Month

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News From the Director

There has been a lot of talk on Front Porch Forum about the perceived reduction of birds at people's feeders this winter. There is a wide range of guesses on the cause. I've seen accusations leveled at house cats, falcons, owls, mold or other contaminants in feeders, climate change, neighborhood construction and a host of other influences.

News from the Friends

If you want some help attracting birds to your yard consider...

News from the Trustees

Best-ever backyard birding tips: hundreds of easy ways to attract the birds you love to watch by Deborah L. Martin and the editors of Rodale Garden Books

Bird homes and habitats by Bill Thompson III

On Display This Month

American Heart Month and National Heart Month

Youth Programs

This could neatly tie into your waning New Year's resolutions to be healthier, right? If you or someone you love has been diagnosed with a heart condition it is even more important to get the resources you need to address this issue.

<u>Multi-age Programs</u>

Consider...

Adult Programs

Rebuild [audio CD]: five proven steps to move from diagnosis to recovery and be healthier than before by Dr. Robert Zembroski

QUICK WEB LINKS

Kids@DAML

How not to die: discover the foods scientifically proven to prevent and reverse disease by Michael Greger available in print and on audio CD

Teens@DAML

The New American Heart Association cookbook by the American Heart Association

LIBRARY HOURS

Black History Month

Monday 10-8 Tuesday 10-6 Wednesday 10-8 Thursday 10-6 Friday 10-6 Saturday 10-3 Martin Luther King, Jr. Day marks the January birthday of a man who was important to the African American civil rights movement. This month you can continue your education and your children's education on a part of American history and culture which gets much less attention than it deserves. Racism is not just in the past.

Consider...

LIBRARY CLOSED

Monday, February 18

White kids: growing up with privilege in a racially divided America by Margaret A. Hagerman

<u>They called themselves the KKK : the birth of an American terrorist group / by Susan Campbell Bartoletti</u>

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WHAT'S NEW?

White fragility: why it's so hard for white people to talk about racism by Robin DiAngelo

Sign up for the DAML Wowbrary Newsletter at http://www.wowbrary.org to get a weekly e-mail of all new materials added to our collections The lions of Little Rock by Kristin Levine

The Black Americans: a history in their own words, 1619-1983 / edited by Milton Meltzer

all new materials added to our collections

And still I rise: black America since MLK: an illustrated chronology by Henry Louis Gates, Jr. and Kevin M. Burke

Creative Romance Month

Of course, Valentine's Day is in February. You can you watch a romantic movie on DVD from the library or download or stream one from hoopla. Add in a cookbook and you are ready for a date night at home.

Or you can work more romance into the other days of this month...

Passionate marriage by David Schnarch

The everything dating book by Leah and Elina Furman

Or, if you've given up on human companionship...

New dog: choosing wisely and ensuring a happily ever after by Bruce Fogle

The possibility dogs [audio CD]: what a handful of "unadoptables" taught me about service, hope and healing by Susannah Charleson

Oh, and by the way, it is also <u>National Library Lover's Month</u>

Library Value Calculator

How much money has using the Dorothy Alling Memorial Library saved you over the past year? The American Library Association (ALA) posts a Library Value Calculator on its website here:

http://www.ala.org/advocacy/advleg/advocacyuniversity/toolkit/makingthecase/calculator_new

By inputting the number of items borrowed, programs attended, and more, you can calculate the value of your use this past year.

For example, if you borrowed two adult books, two children's books, and attended two library programs, you saved \$98 this year – and paid much less than that per capita to support the library. Many people do that much at the library in just one week!

News from the Friends of the Library

The minutes from the latest Friends' meetings are at http://www.williston.lib.vt.us/index.php/about-us/friends-meetings. New Friends are always welcome!



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Amazon donates to the Friends of the Library when you shop at AmazonSmile. Go to Smile.Amazon.com and choose the Friends of the Dorothy Alling Library. Save AmazonSmile as your Amazon site for future purchases. (Purchases from Amazon.com will not benefit the Friends).

News from the Library Trustees

You will find the latest minutes from the Trustees' meetings at http://www.williston.lib.vt.us/index.php/about-us/board-meetings

On Display This Month

Gallery: Paintings by Esther Palmer

Lobby Case: 4th Annual Volunteer & Staff Arts & Crafts Show

Youth Cases: Shoes and fashion by Libby Marshall

Programs

* **Pre-registration required. Note:** To register for programs you may sign up at the library, call us at 878-4918 or email daml@williston.lib.vt.us. Early registration is encouraged. Space is limited in some programs.

Children must be in third grade and at least 8 years of age to be in the library without an adult.

Youth Programs:

After-School Tuesdays:

- **LEGO Club**: February 5, 2-3 pm. Build your own creations using the library's LEGO collection. All ages.
- Movie: February 12, 2 pm. "Mulan" Rated PG, 1 hour 19 min.
- **Game Day:** February 19, 2-3 pm. Cards and board games. Gr. 3 + up.

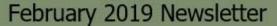
Food for Thought Teen Group: Thursday, February 7, 4-5 pm. Teens meet for pizza, discussion and planning special events at the library. Come help plan a Cosplay Mini Comic Con! Gr. 7-12. New members welcome.

Story Time in French: Saturday, February 9, 10:30 am. Stories in French and English with Delphine Quenet. Includes a simple craft activity. Non-French speakers welcome!

Gamers Group: Monday, February 11, 3:30-5 pm. Play a variety of games including board games and Dungeons and Dragons. (Gr. 5-8).

Story Time: Tuesdays, 10:30 am. **(Except February 26)**. Includes a simple craft activity. February 5: Friendship with Victoria Francis; February 12: Hearts & Hugs; February 19: Snow! All ages.

Preschool Yoga with Danielle: Friday, February 15, 10:30 am. Simple yoga poses, stories and songs for children birth to age 5 and their caregivers.





Preschool Music: Mondays, 11 am **(Except Monday, February 18: Library Closed)** & Thursdays, 10:30 am. Up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Thursday Playtime: Thursdays, 11 am-12 noon. Preschoolers and their caregivers are invited for an informal playtime following our Preschool Music program. For children birth to age 5.

Teen Movie Night: Wednesday, February 20, 4:30-7:30 pm. "Fantastic Beasts and Where to Find Them" PG-13. 2 h 15 m. Costumes, snacks and origami creatures! Gr. 7-12.

Drop-In LEGO Day: Tuesday, February 26, 10:30-12 noon. All ages

Multi-age Programs:

Substance Abuse Prevention Book Discussion: Monday, February 11, 6-7:30 pm. "Beautiful Boy" by David Sheff and "Tweak" by Nic Sheff are memoirs by a father and son recounting the son's drug addiction from each perspective. Books available at front desk. Pizza provided. Ages 16-adult. (Snow date Feb. 13) Sponsored with ParentIN CVSD. Facilitated by Tim Trevithick, CVU Student Assistance Program Counselor.

Technology Night: Wednesday, February 13, 5:30-6:30 pm. Ken Bernard of Vermont Tech will focus on how to clean up your computer and make it run faster. Bring your own device if you would like. Open to all ages.

*Read to a Dog: Thursday, Feb. 14 & 21, 3:30-4:30 pm. Come read to one of our registered Therapy Dogs of Vermont. All ages. Pre-register for individual sessions.

Adult Programs:

*Put Your House on a Diet: Friday, February 8, 12-1 pm. Stage to Live or Stage to Sell-You're not on HGTV but your house could look like it is. What is your goal? Are you getting your house ready to live in or to leave? Learn how to stage your home. Pre-register please. Bring your lunch and learn something new. Presented by Melanie Saia, Director of Staging Services, The Malley Group and KW Vermont.

Williston Historical Society: The Devil's Cabinet: The Eddy Family of Spirit Mediums: Sunday, February 10, 2 pm. The Eddy family of Chittenden, VT were world renowned as spirit mediums allegedly able to generate full-bodied spirit manifestations or "materializations of the departed." Jason Smiley presents the Eddy family story including their ties to Williston.

*Cook the Book: Wednesday, February 13, 11-12:30 pm. A selected cookbook remains in the library for you to photocopy a recipe of choice. Prepare the dish and bring the recipe to the next meeting. This month: "Classic Home Desserts" by Richard Sax. Pre-register.

Mah Jongg: Wednesday, February 13 and 27, 1-3:30 pm. Learn how to play, revisit the game or just enjoy the game of Mah Jongg. Come alone or bring a friend and play with members of our community. All experience levels are welcome.

*Williston Library's Writing Series:



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- Thursday, February 14, 1-2:30 pm. Session Three: Tools of the Trade: Explore
 the software, hardware, and other tools that make writing easier, effective, and
 efficient.
- Thursday, February 28, 1-2:30 pm. Session Four: Open Forum (Bring Your Questions!), Work Review: At the mid-way point, this is an opportunity to bring any issue, challenge, opportunity, question, or discussion point to the workshop for resolution.

These workshops will help those who wish to build their stories and find an audience. Join us for one or all sessions. Presented by Dr. Steven Shepard, a professional author, photographer, audio producer, and educator. Please pre-register.

***Tech Tutor:** Friday, February 15, 4-6 pm. Stop by anytime during tech hours for one-on-one technology help from a teen. Guarantee a time by making a 30-minute appointment 878-4918.

Brown Bag Book Club: Tuesday, February 19, 12:30-1:30 pm. Meet others who love to discuss books. This month: "Little Fires Everywhere" by Celeste Ng. Books available at the front desk. Beverages and dessert provided.

Current Events Conversation: Wednesday, February 20, 10:30-12 pm. Gather with others interested in informal discussion on current newsworthy topics.

Movie: Wednesday, February 27, 6 p.m. **"Ocean 8"** 2018 New Release. Sandra Bullock leads a heist caper that's clever enough to get by and sly enough to treat its female cast as a natural spin on the 'Ocean's' brand. Snacks provided. Rated PG-13, 111 minutes.

Community News:

Your non-profit event can appear here. Send a description to marti@williston.lib.vt.us.

Diaper Drive

The Junior League of Champlain Valley (JLCV) is sponsoring a diaper drive. Your donation of diapers and diaper wipes may be dropped off in the library lobby February 4 through February 19. The JLCV Diaper Drive supplies five area food shelves, distributing about 100,000 diapers each year. JLCV is an organization of women committed to promoting volunteerism, developing the potential of women and improving the community through effective action and leadership of trained volunteers.

Fundraiser for Heating Fuel Assistance

The Williston- Richmond Rotary Club is hosting the 25th Annual Rotary Ski Challenge on March 15 at Bolton Valley. The Ski Challenge is the Williston-Richmond Rotary Club's principal way to raise funds to assist Vermonters who need assistance in heating their homes this winter. The funds raised are distributed by the Vermont Fuel Dealer Association to benefit our community. A portion of the funds raised also support college scholarships, Thanksgiving food baskets, a Senior Christmas dinner, building wheel chair ramps and other club services projects throughout the year. The Club has been able to donate in excess of \$150,000 toward these worthy endeavors. Donation are tax deductible and may be sent to Williston-Richmond Rotary Charities, P.O. Box 114, Williston, VT 05495